

Spiritual Growth Inventory

We believe that every Christ follower should be moving towards growth and maturity in the areas of beliefs, practices, and virtues. The following inventory will help determine your areas of strength and weakness in these areas of spiritual growth. The purpose of this inventory is not to compare Christ followers. Instead, it seeks to reveal your strengths and weaknesses. This information is intended to help you build a plan for spiritual growth.

Place a check in the box that most closely matches how much you agree with given statement.

| Statement | Strongly Agree (5) | (4) | (3) | (2) | Strongly Disagree (1) |
|---|--------------------|-----|-----|-----|-----------------------|
| 1. I can explain the distinct roles of God the Father, Jesus Christ, and the Holy Spirit. | | | | | |
| 2. I understand why Jesus had to die on the cross to bring about salvation. | | | | | |
| 3. I have confidence in the way the 66 books of the Bible were chosen. | | | | | |
| 4. I know why Jesus had to come to earth and die on a cross. | | | | | |
| 5. I can explain the difference between the unique role of the Holy Spirit in relation to the Father and the Son. | | | | | |
| 6. I understand God's mission for the church. | | | | | |
| 7. Thoughts of Christ's return shape my decisions and actions. | | | | | |
| 8. I prioritize corporate worship over other possible Sunday activities. | | | | | |
| 9. Prayer is a part of my life. | | | | | |
| 10. I regularly open the Bible when I'm in need of wisdom, direction or encouragement. | | | | | |
| 11. I have Christian friends who I fellowship with regularly. | | | | | |
| 12. I consider all my material possessions as belonging to the Lord. | | | | | |
| 13. I know what my spiritual gifts are and how best to use them. | | | | | |
| 14. I can clearly explain the Gospel to my friends. | | | | | |
| 15. I am joyful even when circumstances are trying. | | | | | |
| 16. When things get difficult, I'm peaceful knowing that God will prevail. | | | | | |
| 17. I am willing to sacrifice my time, money, and energy for other people. | | | | | |
| 18. I have an easy time celebrating other people's successes and I'm free with my compliments of others. | | | | | |

| Statement | Strongly Agree (5) | (4) | (3) | (2) | Strongly Disagree (1) |
|---|--------------------|-----|-----|-----|-----------------------|
| 19. The people around me would say that I'm a patient person. | | | | | |
| 20. It takes a lot for me to raise my voice at someone. | | | | | |
| 21. I'm growing in my ability to resist temptation. | | | | | |
| 22. I can cite evidence that points to the existence of God. | | | | | |
| 23. I understand the consequences of not accepting Jesus Christ as my Lord and Savior. | | | | | |
| 24. I embrace the truths of Scripture even when it makes me uncomfortable. | | | | | |
| 25. I can describe the importance of Jesus' resurrection. | | | | | |
| 26. I can find passages that describe the activities of the Holy Spirit. | | | | | |
| 27. I know what Biblical characteristics to look for in a church. | | | | | |
| 28. I often find hope in pondering heaven. | | | | | |
| 29. When I'm at church on Sunday, I'm focused on worshiping God. | | | | | |
| 30. When things get difficult, I pray. | | | | | |
| 31. If I need to look up a particular topic or concern in Scripture, I know how to find it. | | | | | |
| 32. I have brothers and sisters in Christ who can mentor and disciple me. | | | | | |
| 33. I give at least 10% of my income to the Lord. | | | | | |
| 34. I am currently serving the body of Christ. | | | | | |
| 35. I'm comfortable sharing my testimony with my friends. | | | | | |
| 36. My joy in the Lord is evident to others. | | | | | |
| 37. I can do things I feel God is telling me to do, even though I may not want to. | | | | | |
| 38. I consider others' needs above my own. | | | | | |
| 39. I am willing to serve anyone regardless of age, status, or gender. | | | | | |
| 40. I look for ways to grow spiritually while I wait for God to act in difficult circumstances. | | | | | |
| 41. I can make my point without getting into an argument. | | | | | |
| 42. When faced with an important decision, I seek God's will before acting. | | | | | |

| Statement | Strongly Agree (5) | (4) | (3) | (2) | Strongly Disagree (1) |
|---|--------------------|-----|-----|-----|-----------------------|
| 43. I know why God created humans and the universe. | | | | | |
| 44. I understand the doctrine of substitutionary atonement. | | | | | |
| 45. I believe in the inerrancy of Scripture. | | | | | |
| 46. I'm comfortable discussing the two natures of Christ. | | | | | |
| 47. I understand the role of the Holy Spirit as it pertains to regeneration. | | | | | |
| 48. I understand what baptism and the communion are for. | | | | | |
| 49. Hell is real. | | | | | |
| 50. Corporate worship causes me to reflect on God's presence in my life throughout the week. | | | | | |
| 51. I believe that God answers prayer. | | | | | |
| 52. I read the Bible at least 6 times in a week. | | | | | |
| 53. I feel comfortable submitting to the authority of the church leadership. | | | | | |
| 54. I actively seek out how best to use my skills, time, and money for God's glory. | | | | | |
| 55. I seek out opportunities to serve in the church. | | | | | |
| 56. I actively try to invite my non-Christian friends, relatives, and co-workers to church. | | | | | |
| 57. Laughter is a regular part of my life. | | | | | |
| 58. I feel confident in God's plans for my life. | | | | | |
| 59. I can forgive and forget. | | | | | |
| 60. I am willing to receive someone else's advice or correction regardless of age or status. | | | | | |
| 61. When I'm close to losing my patience with someone, I find strength in reflecting on how patient God is with me. | | | | | |
| 62. I can correct someone without belittling him or her. | | | | | |
| 63. I do not act on impulse or emotion. | | | | | |
| 64. A familiarity with God's attributes informs my relationship with Him. | | | | | |
| 65. I can explain the concepts of redemption, justification, and sanctification. | | | | | |
| 66. I can explain to a Christian friend why reading the Bible is necessary for spiritual growth and understanding God's will. | | | | | |

| Statement | Strongly Agree (5) | (4) | (3) | (2) | Strongly Disagree (1) |
|---|--------------------|-----|-----|-----|-----------------------|
| 67. I understand Christ's role in the end times. | | | | | |
| 68. I have worked through my understanding of the gifts of the Spirit. | | | | | |
| 69. I can list the primary activities God has called the church to engage in. | | | | | |
| 70. I have worked through my understanding of when and how Christ will return. | | | | | |
| 71. I am able to worship even when the music isn't my style or the sermon doesn't grab me. | | | | | |
| 72. After praying for a particular concern I tend not to worry about it anymore. | | | | | |
| 73. I understand the difference between "parable" and "proverb." | | | | | |
| 74. When in need, I have Christians who pray for me. | | | | | |
| 75. I'm happy to sacrifice my time and resources for the Lord's work. | | | | | |
| 76. I look for informal ways to serve the people around me. | | | | | |
| 77. I steer conversations with non-Christians towards the topic of Christ. | | | | | |
| 78. I experience joy when worshiping the Lord. | | | | | |
| 79. I'm willing to risk a measure of personal security for something I believe God is calling me to. | | | | | |
| 80. Christ's sacrifice for me motivates me to sacrifice for others. | | | | | |
| 81. Before taking significant action, I stop to consider if this is what God would have me do. | | | | | |
| 82. I'm able to enjoy the "journey" of life as well as the moments of "arrival." | | | | | |
| 83. I often withhold applying the power or authority I have so as not to harm others. | | | | | |
| 84. My closest friends know what my greatest temptations are and encourage me in my fight against them. | | | | | |

Spiritual Growth Inventory Results

Enter the numerical value that corresponds to the checkbox you checked for each of the questions. Then, add the values in each row and enter the sum in the box at the right. Your results for each area of spiritual growth can now be used to get a general sense of your strengths and weaknesses. Work with your Home Group or accountability partner to develop a personalized growth plan, and ask them to keep you accountable for adhering to that plan.

| | | | |
|-----------|-----------|-----------|-----------|
| 1. _____ | 22. _____ | 43. _____ | 64. _____ |
| 2. _____ | 23. _____ | 44. _____ | 65. _____ |
| 3. _____ | 24. _____ | 45. _____ | 66. _____ |
| 4. _____ | 25. _____ | 46. _____ | 67. _____ |
| 5. _____ | 26. _____ | 47. _____ | 68. _____ |
| 6. _____ | 27. _____ | 48. _____ | 69. _____ |
| 7. _____ | 28. _____ | 49. _____ | 70. _____ |
| 8. _____ | 29. _____ | 50. _____ | 71. _____ |
| 9. _____ | 30. _____ | 51. _____ | 72. _____ |
| 10. _____ | 31. _____ | 52. _____ | 73. _____ |
| 11. _____ | 32. _____ | 53. _____ | 74. _____ |
| 12. _____ | 33. _____ | 54. _____ | 75. _____ |
| 13. _____ | 34. _____ | 55. _____ | 76. _____ |
| 14. _____ | 35. _____ | 56. _____ | 77. _____ |
| 15. _____ | 36. _____ | 57. _____ | 78. _____ |
| 16. _____ | 37. _____ | 58. _____ | 79. _____ |
| 17. _____ | 38. _____ | 59. _____ | 80. _____ |
| 18. _____ | 39. _____ | 60. _____ | 81. _____ |
| 19. _____ | 40. _____ | 61. _____ | 82. _____ |
| 20. _____ | 41. _____ | 62. _____ | 83. _____ |
| 21. _____ | 42. _____ | 63. _____ | 84. _____ |

TOTAL

| | | |
|----|-------|----------------|
| A. | _____ | [God] |
| B. | _____ | [Salvation] |
| C. | _____ | [Bible] |
| D. | _____ | [Jesus Christ] |
| E. | _____ | [Holy Spirit] |
| F. | _____ | [Church] |
| G. | _____ | [Eternity] |
| H. | _____ | [Worship] |
| I. | _____ | [Prayer] |
| J. | _____ | [Bible Study] |
| K. | _____ | [Community] |
| L. | _____ | [Stewardship] |
| M. | _____ | [Service] |
| N. | _____ | [Witnessing] |
| O. | _____ | [Joy] |
| P. | _____ | [Faith] |
| Q. | _____ | [Love] |
| R. | _____ | [Humility] |
| S. | _____ | [Patience] |
| T. | _____ | [Gentleness] |
| U. | _____ | [Self-Control] |